

## Logistics Note

### 270<sup>th</sup> Anniversary Commemoration of the 1755 Lisbon Earthquake and Tsunami - From Memory to Resilience -



#### Welcome to Cascais!

*We are delighted to welcome you to Cascais, one of Portugal's most beautiful coastal towns. This brochure offers essential information to help you make the most of your stay.*

The **Event on 1 November in Cascais** marks the 270<sup>th</sup> anniversary of the 1755 Lisbon Earthquake and Tsunami, bringing together participants to reflect on historical memory while strengthening community resilience and disaster preparedness.

#### About Cascais

Nestled between the Atlantic Ocean and Sintra mountains, Cascais is a charming and elegant town known for its beaches, historical heritage and laid-back lifestyle. Just 30 minutes away from Lisbon, it offers the perfect mix of tradition, culture and modern comforts.

Historically a fishing village, Cascais became a royal retreat in the 19<sup>th</sup> century and remains a top destination in Portugal for visitors looking for sun, sea and sophistication.



## Event Info & Contacts

- **Seminar Location:** Fundação D. Luís – Centro Cultural de Cascais

Avenida Rei Humberto II de Itália, 2750-800 Cascais, Portugal

(<https://maps.app.goo.gl/nZuMxAWi8n1L66Wg6> )

The venue is located within a 12-minute walking distance from Cascais train station.

The closest bus stop is Igreja Matriz (served by bus line M27), just 1-minute walk to the event location.

Other nearby stops include Cascais Train Station (served by M04, M05, M09, M15, M43) and Cascais Bus Terminal (served by M02, M06, M07, M08, M11, M12, M13, M14, M17, M18, M22), which is approximately 17 minutes on foot from the venue.

- **Contact Information:**

Ms. Derya Dilmen Vennin at [d.dilmen-vennin@unesco.org](mailto:d.dilmen-vennin@unesco.org)

Mr. Rui Ângelo at [rui.angelo@cm-cascais.pt](mailto:rui.angelo@cm-cascais.pt) or +351 924 102 526

- **Event website:** <https://www.cascais.pt/sub-area/comemoracao-dos-270-anos-do-terramoto-e-tsunami-de-lisboa-de-1755-da-memoria-resiliencia>



## Practical Information

- **Currency:** Euro (€)
- **Credit Cards:** Widely accepted; cash is useful for small shops or cafés.
- **ATMs:** Available throughout Cascais; look for “MB” (Multibanco).
- **Time Zone:** Western European Time (WET / UTC+0)
- **Portugal country code:** +351



## Transportation

### From Lisbon Airport (Humberto Delgado – LIS):

- By public transport: Metro red line to Alameda → change to green line (direction Cais do Sodré) → train from Cais do Sodré to Cascais (Linha de Cascais, approx. 40 minutes).
- By taxi or ride-hailing service (Uber/Bolt): 30–40 minutes.
- Contact your hotel for pre-arranged transfers if needed.

### Ground Transportation:

- **Taxis & Ride-hailing apps:** Widely available
- **Bus:** Cascais is served by several MobiCascais bus lines connecting the town center, train station, and surrounding areas. To plan a route using the city’s public transportation, please use the **MobiCascais mobile app**. Transport tickets can be purchased at major bus stops, at the Cascais train station, or via the MobiCascais app. It’s important to note that only cash payments are accepted on board.
- **Train:** Lisbon–Cascais line (Cais do Sodré – Cascais). Information: <https://www.cp.pt/passageiros/en>
- **Walking:** The town center and venue are easily walkable

## Accommodation

Hotel Name	Category	Contact	Website
Farol Hotel	5★	+351 214 823 490	<a href="https://farol.com.pt/en/">https://farol.com.pt/en/</a>
Hotel Baía	4★	+351 214 831 033	<a href="https://www.hotelbaia.com/">https://www.hotelbaia.com/</a>
Vila Galé Cascais	4★	+351 214 826 000	<a href="https://www.vilagale.com/">https://www.vilagale.com/</a>
Westlight Cascais Chalet	4★	+351 214 842 174	<a href="https://www.westlightcascaischalet.pt/en/">https://www.westlightcascaischalet.pt/en/</a>
Pestana Cascais	4★	+351 214 825 900	<a href="https://www.pestana.com/en/hotel/pestana-cascais">https://www.pestana.com/en/hotel/pestana-cascais</a>
Cascais City & Beach Hotel	3★	+351 211 164 330	<a href="https://www.cascaiscbhotel.com/">https://www.cascaiscbhotel.com/</a>
Cascais Hotel	3★	+351 215 897 370	<a href="https://cascaishotel.mydirectstay.com/">https://cascaishotel.mydirectstay.com/</a>
Kavia Hotel do Largo	3★	+351 210 545 770	<a href="https://www.hoteldolargo.pt/en/">https://www.hoteldolargo.pt/en/</a>
Hotel Londres Estoril / Cascais	3★	+351 214 648 300	<a href="https://hotelondres.com/en/">https://hotelondres.com/en/</a>

## Mobile & Internet

- **Wi-Fi:** Free Wi-Fi is available in most hotels, cafés and public areas.
- **SIM Cards:** Local prepaid SIMs (Vodafone, MEO, NOS) can be bought at the airport or stores.
- **Roaming:** EU roaming applies to most European mobile plans.

## Where to Eat

Cascais offers a wide range of restaurants—from traditional Portuguese cuisine to international options.

Don't miss trying the pastry delicacies Pastel de Nata, Areias and Nozes de Cascais, or local gastronomic specialties like fresh grilled fish and seafood.

## What to See & Do

In Cascais:

- **Boca do Inferno** – dramatic cliffs and crashing waves
- **Cascais Marina** – walk, dine and watch the boats
- **Condes de Castro Guimarães Museum** – history & art in a palace
- **Parque Marechal Carmona** – peaceful gardens in the town center
- **Praia da Rainha & Praia do Guincho** – from cozy coves to surfing waves
- **Casa das Histórias Paula Rego** – museum dedicated to the famous artist

## Day Trips & Nearby Attractions

- **Sintra** (25 min): Palácio da Pena, Quinta da Regaleira, historic village
- **Lisbon** (30–40 min): Belém, Baixa-Chiado, Bairro Alto, Alfama
- **Cabo da Roca:** The westernmost point of continental Europe

## Safety and Security

- Cascais is generally safe but use standard precautions in crowded places
- Keep your valuables secure and be cautious of pickpockets
- In case of emergency contact local services listed below

## Emergency Contacts

- Emergency (Police/Fire/Ambulance): 112
- Police (PSP Cascais): 219 022 120
- Firefighters (non-emergency): 214 828 400
- Cascais Civil Protection: 214 607 610

## Useful Links

- Visit Cascais – Official Tourism Site (<https://visitcascais.com/pt>)
- CP (Trains) – Schedules (<https://www.cp.pt/passageiros>)
- Lisbon Airport Info (<https://www.lisbonairport.pt/en/lis/home>)
- Weather in Cascais (<https://www.accuweather.com/>)